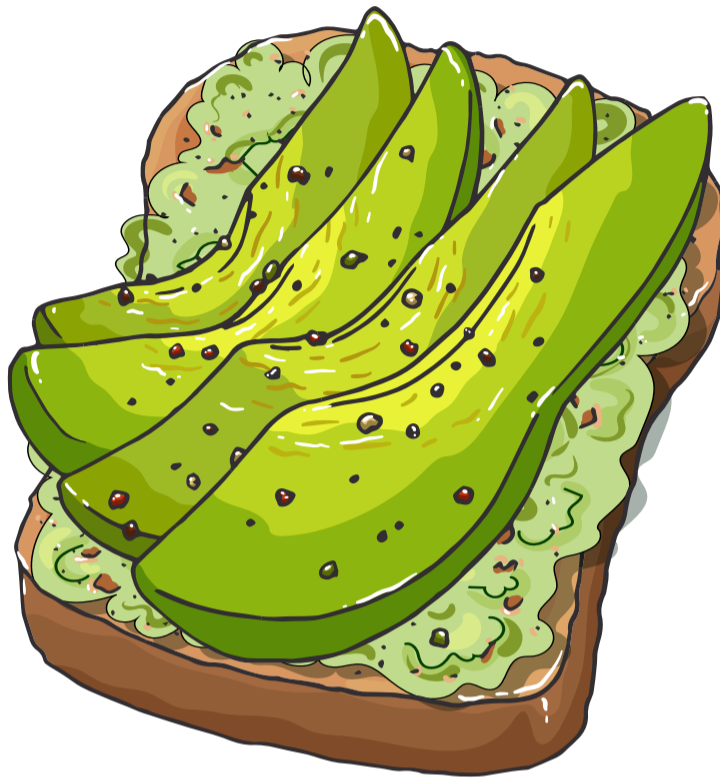


Avocado Toast

(Tati)



Ingredients:

- 1 Avocado
- 2 Slices of toast (your choice!)
- 1 Garlic Clove (peeled and halved)
- Fine Salt and Ground Pepper
- 2 tbsp of Extra-Virgin Oil
- Crushed red pepper flakes

Directions:

- Mash the avocado with a fork in a shallow bowl until chunky. Season with salt and black pepper.
- Toast the bread to your liking. Lightly rub the garlic on the toast until fragrant. Brush the toast with oil and season with salt and pepper. Divide the mashed avocado evenly between the 2 slices of toast and sprinkle with red pepper flakes and black pepper.